What is the Narcotics Anonymous Program?

N.A. is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only ONE requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that THEY WORK.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any Political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meeting Schedule

1st Sunday of each month at the Hinton Avenue United Methodist Church (in special cases e.g. Holidays, the 2nd Sunday) No Pets

> Public Relations 1:30 pm Hospitals & Institutions 2:30 pm Piedmont Area Service 4:00 pm

Special Events Meeting is announced as needed.



Some Suggestions

- Don't use and go to meetings
- Avoid people and places where you used.
- Go to 90 meetings in 90 days.
- Come to meetings early and stay late.
- Join a home group.
- Get telephone numbers.
- Use the Telephone.
- Find and use a sponsor.
- Keep coming back, it works...

PHONE NUMBERS



Narcotics Anonymous Piedmont Area

June 2017

(Updated Quarterly, No Changes)

Meeting List

Helpline Number (800) 777-1515

www.piedmontvana.org

(for information, updates and events)

Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another -- the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

Piedmont Area Service Committee PO Box 6931 - Charlottesville, VA 22906

MONDAY

12:15 pm – 1:15 pm Charlottesville
New Life Group (O,D,HC)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd and Alderman Rd

6:00 pm – 7:00 pmWe Choose Recovery
First Presbyterian Church
500 Park Street (Carriage House next to Church)

7:00 pm – 8:00 pm Stanardsville
Serene in Green Group (O,D,CL,HC)
Mt Vernon Church

76 Garth Rd - turn left off Dyke Rd/Rte 810 In community of Greer, 2 miles south of Rte 33

8:00 pm – 9:00 pm Charlottesville
New Attitudes Group (O,D, NP) (SD 1st Mon)
Hinton Avenue United Methodist Church
750 Hinton Ave (off Avon St)

8:00 pm – 9:00 pm Charlottesville

Off the Track (O,D)

West Main Street First Baptist Church
625 West Main Street, enter at the Side Door

8:00 pm – 9:00 pm Palmyra

Palmyra Group (O,D)

Palmyra United Methodist Church
258 Palmyra Way (town center)

TUESDAY

12:15 pm – 1:15 pm Charlottesville
New Life Group (O,D,HC)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd and Alderman Rd

7:00 pm – 8:00 pm

Sharing What We Have
Pleasant Grove Baptist Church
3687 Toms Road, Barboursville

Barboursville
(O,D,HC,CL)

7:40 pm – 9:10 pm Charlottesville Keep It Simple & Straight (KISS) (O,V) Peer Support/On Our Own - 123 4th St NW

9:00 pm – 10:00 pm Charlottesville
Essential Spiritual Principles
Immanuel Lutheran Church
2416 Jefferson Park Avenue

WEDNESDAY

12:15 pm - 1:15 pm Charlottesville New Life Group (O,D,HC) St Mark Lutheran Church, 100 Alderman Rd 6:00 pm - 7:00 pmCharlottesville Spiritual Solutions Group (O,LS, HC) Trinity Episcopal Church 1042 Preston Ave (near Washington Park & 10th St NW) 8:00 pm - 9:00 pmCharlottesville Off the Track (O.D) West Main Street First Baptist Church 625 West Main Street, enter at the Side Door 8:00 pm - 9:00 pm **Palmyra** Palmvra Group (O,D) Palmyra United Methodist Church 258 Palmyra Way (town center)

THURSDAY

12:15 pm – 1:15 pm Charlottesville

New Life Group (O,D,HC)

St Mark Lutheran Church, 100 Alderman Rd

Corner of Ivy Rd and Alderman Rd

6:30 pm – 8:00 pm Charlottesville
Working the Steps (SW, O, HC)
St Paul's Memorial Church, Library
1700 University Ave (Enter from Chancellor St)

7:00 pm – 8:00 pmSharing What We Have

Orange Baptist Church

115 Belleview Ave (back of church, office basemnt)

7:40 pm – 9:10 pm Charlottesville Keep It Simple & Straight (KISS) (O,LS) Peer Support/On Our Own 123 4th St NW

9:00 pm – 10:00 pm Charlottesville
Whatever It Takes Group (O,V,HC,NP)
Church of Our Savior,1165 Rio Rd, East
Huntington Rd and Rio Rd East

FRIDAY

12:15 pm — 1:15 pm Charlottesville

New Life Group (O,D,HC)

St Mark Lutheran Church, 100 Alderman Rd

Corner of Ivy Rd and Alderman Rd

6:00 pm – 7:00 pm Charlottesville
Where I'm At (O,D,HC,NP)
St Paul's Memorial Church

1700 University Ave (Enter from Chancellor St)

7:00 pm – 8:30 pm Charlottesville Keep It Simple & Straight (KISS) (O,ST) Peer Support/On Our Own - 123 4th St NW

8:00 pm – 9:00 pm Charlottesville Save Our Serenity Group (SOS) (O,D,HC) Wesley Foundation Building, 1908 Lewis Mtn Rd Lewis Mountain Rd & Emmet St

SATURDAY

10:00 am – 11:00 am Charlottesville
Together We Can Group (O,D,HC)
Trinity Episcopal Church
1042 Preston Ave (near Washington Park & 10th St NW)

6:00 pm – 7:00 pm *Living In The Solution*Connect Church

Charlottesville
(O,V)

2080 Lambs Rd (next to Albemarle High School)

SUNDAY

12:00 noon – 1:00 pm
Addicts in the Belfry
The Haven First & Market, 112 West Market Street
8:00 pm – 9:00 pm
Charlottesville
Save Our Serenity Group (SOS)
Wesley Foundation Building, 1908 Lewis Mtn Rd
Lewis Mountain Rd & Emmet St
Co,V)

KEY:

Open To All **Literature Study** C Closed – Addicts Only **Spiritual Discussion** SD **CL** Candlelight Speaker Discussion S Step Study **HC** Handicap Access Step & Tradition **NB** No Bathrooms Step Workbook NF No Food V **Format Varies**

NP No Pets